

# Notice. Talk. Act.®

At  
School

## Mental Health Professional Development Training That Empowers K-12 School Staff

Notice. Talk. Act.® *at School* is an evidence-informed training that equips all adults and staff who work in your school — administrators, coaches, custodians, food service workers, mental health clinicians, nurses, and teachers — with the right tools to make a difference in the mental health of your students.

- **NOTICE** when students show early warning signs of mental health concerns
- **TALK** with students about mental health to engage and support them
- **ACT** to refer students to the right kinds of resources they need and can access in your school or community

**70%**

Reduction in  
Truancy

**89%**

Reduction in  
Discipline  
Referrals

**99%**

Reduction in  
Major Mental  
Health Events

**171%**

Increase in  
Referrals to  
Support Services

Note: These are numbers are averages in terms of how the program impacts schools at six pilot sites



**We customize our training to meet your specific local needs!**

Learn more at [apafdn.org/schools](https://apafdn.org/schools) or email [schools@psych.org](mailto:schools@psych.org) to schedule a meeting today.

