Infographic information sources, in chronological order:

1) 17% of U.S. youth aged 6-17 experience a mental health disorder each year  
   Source: National Alliance on Mental Illness

2) 1 out of 4 people experience mental illness at some point in their lives  
   Source: WHO

3) 75% of mental illness manifests by age 24  
   Source: National Alliance on Mental Illness

4) 1 in 5 children experience a mental health issue every year  
   Source: Center for Disease Control and Prevention

5) 1 in 5 teens experience cyberbullying  
   Source: Enough Is Enough (enough.org)

6) 3 out of 4 deaths by suicide are men  
   Source: Center for Disease Control and Prevention

7) Each year, more than 36,700 men die by suicide in the US  
   Source: Movember

8) LGBTQ+ high school students are 5 times more likely to attempt suicide compared to heir heterosexual peers  
   Source: The Trevor Project

9) Native American children and adolescents have the highest rates of lifetime major depressive episodes than any other ethnic/racial group  
   Source: American Psychiatric Association

10) 70.4% of youth in the juvenile justice system have a diagnosed mental illness  
    Source: National Alliance on Mental Illness

11) 30% of teens have turned to self-harming behaviors and 10% attempt to take their own lives due to cyberbullying  
    Source: Why Incorporated (whyinc.org)

12) In 2018, 58.2% of Black and African American young adult ages 18-25 with serious mental illness did not receive treatment  
    Source: Center for Disease Control and Prevention

13) For more information about NAMI Basics on Demand, go to nami.org/basic  
    Source: National Alliance on Mental Illness