

WELL BEINGS

Well Beings Virtual National Town Hall at NAMIcon 2020

Infographic information sources, in chronological order:

- 1) 17% of U.S. youth aged 6-17 experience a mental health disorder each year
Source: National Alliance on Mental Illness
- 2) 1 out of 4 people experience mental illness at some point in their lives
Source: WHO
- 3) 75% of mental illness manifests by age 24
Source: National Alliance on Mental Illness
- 4) 1 in 5 children experience a mental health issue every year
Source: Center for Disease Control and Prevention
- 5) 1 in 5 teens experience cyberbullying
Source: Enough Is Enough (enough.org)
- 6) 3 out of 4 deaths by suicide are men
Source: Center for Disease Control and Prevention
- 7) Each year, more than 36,700 men die by suicide in the US
Source: Movember
- 8) LGBTQ+ high school students are 5 times more likely to attempt suicide compared to their heterosexual peers
Source: The Trevor Project
- 9) Native American children and adolescents have the highest rates of lifetime major depressive episodes than any other ethnic/racial group
Source: American Psychiatric Association
- 10) 70.4% of youth in the juvenile justice system have a diagnosed mental illness
Source: National Alliance on Mental Illness
- 11) 30% of teens have turned to self-harming behaviors and 10% attempt to take their own lives due to cyberbullying
Source: Why Incorporated (whyinc.org)
- 12) In 2018, 58.2% of Black and African American young adult ages 18-25 with serious mental illness did not receive treatment
Source: Center for Disease Control and Prevention
- 13) For more information about NAMI Basics on Demand, go to nami.org/basic
Source: National Alliance on Mental Illness